

WHANGAREI

Physiotherapy Services

445 Kamo Road, Kamo, Whangarei
Telephone 09 435 2299
Facsimile 09 435 2222
Kensington Gym Clinic
Telephone 09 459 5000



29 Kamo Road, Kamo A/h 435 3002
Phone 09 4351403 A/h fax 4353012
4351780 Mobile 027 5435140

ALASTAIR RICKEY DECORATING LTD

Bring your home to life...

450 Matarau Road
R.D.1 Kamo 0121
Whangarei
Ph/Fax: 09 435 5509
Cell: 021 766 439
email: rickey9@xtra.co.nz

Interior &
Exterior
Painting &
Decorating



Independent - Trade Qualified
Trent Sissons
P 433 5156 M 021 743 163
www.heatpumppro.co.nz



Suppliers of Automotive Products

Oil, Filters, Batteries, Car Parts,
Engineering & Workshop Equipment

110 Cameron Street, Whangarei
Ph: 09 430 0873
www.autonorth.co.nz

Sumpter Baughen

Chartered Accountants
Ph 09 438 3939

Email: sarahk@sumpters.co.nz
www.sumpters.co.nz



Precision Machining
General Engineering

Ph: 09 433 7105, Mob: 027 432 6429
earle.tito.eng@gmail.com
www.earletitoengineering.co.nz

Newsletter

Number 19

25 July 2014



Website www.matarau.school.nz

Phone / Fax (09) 433 5823 Email – admin@matarau.school.nz

Thanks

.. to those parents who attended recent parent teacher interviews.
.. to Ollie and Johnathan who did an amazing job ringing interview bells last term .. the only late bell was when the principal took over from you. Thank you boys.

People of the week

.. International Schools Exam candidates who managed to complete their practice papers over the holiday period. Likely not the most exciting thing you did in your holidays. Well done!
.. Orlando who received "Player of the Day" for JBE rugby Mid Northern Team

Term Events

Please pencil the following dates into your calendar (a few are tentative).
We will advise of further dates as these come to hand.

21 July	First day of term 3
27 July	Sunday Workshop for Action Research 1-5pm Mr D
28 July	WBHS visit in Staffroom at 2pm
29 July	International Schools English Competition
31 July	Middle School Ten Pin Bowling
31 July	WGHS promotion 1:30pm and KHS open evening
4 August	Year 7 and 8 debate Week(TBC)
4 August	School Science Fair
5 August	School Cross Country
6 August	School Photos
12 August	International Schools Mathematics Competition
14 August	Taniwha Challenge (pp 15.8)
25 August	Central Northland Science Fair
26 August	Whangarei Cross Country
27 August	Year 7 and 8 EOTC day
8 September	AIMS games
10 September	Year 7 Boostrix vaccination
18 September	Northland Cross Country
22/23 Sept	School production
26 September	Final day of term 3

Our current virtue is ENTHUSIASM

Please find support material attached for the enthusiasm virtue. Over the next week please set aside some time ..

1. To discuss this material with your children
2. To talk about a time(s) when you have practised "enthusiasm" in your life
3. Maybe set some targets
4. Let us know of examples worth sharing

Children will also spend some time at school learning about this virtue and especially how it links with our overall focus on enjoying learning and having a positive attitude.

Some reminders from the last newsletter

.. Parents of year 7 and 8 children who have not yet paid their child's technology fees are asked to do so as soon as possible please,

.. **Please remember the 40 km speed limit when passing the school before and after school.**

.. the school song music has now been uploaded to the school website thanks to Mr Schuster.

.. Calf Club Day has been scheduled for Thursday 23 October.

School Science Fair

Please note that our Science Fair Prize Giving will be held 6:30 PM Tuesday 5 August. Children receiving prizes will be advised beforehand, but all are welcome at the prize giving. Exhibits will be on display before, after, and for the duration of cross country, and so we encourage as many of you as possible to drop by on the day. *A special thanks to Whangarei Physiotherapy who are sponsors of this year's Science Fair.*

School Cross-Country

... will take place at the farm opposite the school on Tuesday 5 August. We will send out a schedule for the day with next week's newsletter so that you know approximate race start times. *Thank you to Alastair Rickey Decorating who are sponsors of this year's School Cross Country.*

Senior Technology Programme (Year 7 and 8)

Parents are reminded that the tech bus departs school at 9:00 AM on the dot, meaning students need to be checked off at 8:45. Please ensure they are at school no later than 8:45 AM and that they have footwear and clothing appropriate for a workshop based programme.

Join Our Facebook page

Any of our school families who are interested in activities that explore Te Ao Maori are welcome to join Matarau Whanau page. It is a closed group to ensure any videos and photos shared by page members are not in the public domain. We are currently looking at planning some activities for Term 4, sharing Te Reo, community events and knowledge about Maori.

School Photos - 6 August

Photo order forms will be issued very soon. **Please return money and orders to school by the end of next week.** Please note that photo money must accompany the order .. payable to Liz Davies and NOT Matarau School. Any questions to Helen please.

Term Headlice Inspection

.. will take place next Wednesday 30 July with a follow up the week after. Please thoroughly check your child(ren's) hair in advance of this and treat where necessary. **If you think you might be able to help with the inspection please contact Donna in our school office.**

Lost Property

There is a large amount of lost property. Please come and check this if your child is missing an item or 2. It will be donated to charity in the next week or two.

Calf Club

Have you thought about your calf, lamb or pet. More to follow soon.

Home Gardens

Please discuss with your children the possibility of having a home garden this year. This programme gets underway some time later this term (timeline to follow), and culminates in judging at year's end. We will send expression of interest forms out very soon and so please let your child know if you want one of these sent home.

Trivia Night

Please keep Friday 5 September free. Watch this space.

Portfolios

If you still have your child's portfolio at home please send this along to school next week. Thank you.

Interviews ... didn't make it or further questions?

Teachers are highly available by appointment. If you didn't make interviews or if you have further questions please phone the school for an appointment.

Maths and Literacy Labs

Term 3 labs start next week. Please ensure children have an afternoon snack, that they are picked up by 4:30 and that assigned work is done at home. Maths labs are scheduled for Monday, Wednesday and Thursday ... please note that days are not interchangeable. Literacy labs are scheduled for Mondays.

International Schools Mathematics Competitions

A reminder that this exam is scheduled for 12 August. Practice papers for the Mathematics Competition are being issued to children from the school office. It is the responsibility of parents to ensure that children sit at least 2 practice papers a week at home (marking sheets provided).

International Schools English Exam

.. is scheduled for Tuesday 29 July. Normally we would suggest that children have the weekend off but quite a number of children did not manage to do their holiday practice papers. We have ensured that all children have practice papers for the weekend and suggest it might be a good idea to dedicate some time to these.

Matarau Hockey

Well done to the following "Players of the Day"



28.6 – Nyree Pol
05.7 – Erica Powell

Healthy Homes Tai Tokerau

If you have children between 0-16 years (or with elderly people or those with health conditions) AND a community services card AND are living in a house built before 2000 you may be entitled to a 100% subsidy on home insulation. Tenants are also eligible if the landlord approves and is willing to make a \$575 contribution (latter can be waived in some circumstances).

For more information contact Melanie Dalziel MelanieD@manaiapho.co.nz phone 021 415665 Or the Healthy Homes Freephone: 0800 738 763 or website: <http://healthyhomestaitokerau.co.nz/subsidies/>

Te Reo Phrase of the Week

Kei hea - *where is* tō hoa - *your friend* Kei hea tō hoa? *Where is your friend?*
Kei roto - *inside* Kei waho - *outside*

Finally

Welcome to the new term. We have plenty planned and look forward to sharing our busy term with you. Always good to be back.

Regards

Kevin Trehwella
PRINCIPAL

Our Sponsors support your
children, please support them

Sumpter Baughen

Chartered Accountants

Ph 09 438 3939

Email: sarahk@sumpters.co.nz

www.sumpters.co.nz

Community Notices

For Rent - Modern 3 double bedrm house with double garage in Carr St, Kamo. Close to shops and schools. \$390 pw. Phone Coen 0211607513.

Wanted to Rent - 3 bedrm house, with a fire place and a bit of land. Please phone Sara 021 418 801

ZONTA Book Fair – 26 & 27th July, Forum North Sat 7am-5pm, Sunday 9am-3pm. Loads of books including Childrens. Proceeds to charity.

Interested in Musical Theatre? Rising Starz commences at 1pm on 27 July at the Old Library for students aged 4 to 16 years would like to be involved with a musical production. The show will be on 29 November @ Capitaine Bougainville Theatre at Forum North. For further information please email us @ risingstarznz@gmail.com or ring Angela on 021441455.

Table Tennis – Tuesdays 3.30pm-5.30pm Terms 2 & 3. Table Tennis Centre, Kensington, Soft soled shoes must be worn. Bats available to hire or buy or bring your own. Annual Sub \$40 or \$2 per session. Enquiries phone Brent Davies 094027695

School Lunches

Mondays - \$3.00 : Baked Beans or Spaghetti served with toast & a juice, or Chicken or Beef Cup of Noodles & a juice. Order at the office by morning tea on Monday.

Wednesdays - \$1.50 : for Sausage in a bread with sauce. Order on Wednesday mornings through the class teacher.

Fridays - \$4.00 : Hot Mince Pie, Jumbo Sausage Roll or Sausage Roll (with Mugeli Bar) and a Fruit Drink. You can swap the Fruit drink for a Flavoured Milk for \$5.00. Order by Wednesday at the office, to receive Friday. See order form attached to this week's newsletter if you want to bulk order for term 3.



FRIDAY SCHOOL LUNCHES

HAVE A DAY OFF MAKING LUNCHES AND SUPPORT THE SCHOOL!

- ☺ Below is an order form for **Friday** lunches.
- ☺ These can be ordered for the term in advance, or weekly if desired.
- ☺ **Please have weekly orders placed at the school office by the Wednesday to receive an order the following Friday.**
- ☺ Please make cheques payable to Matarau School.

Thanks for supporting our fundraiser.

WEEKLY ORDER FORM – Term 3 2014

Child _____

___ Sausage Roll/Muesli Bar/Drink \$4.00
___ Big Daddy Sausage Roll/Drink \$4.00
___ Milk Drink - extra \$1.00

Room _____

___ Mince Pie or Mince N Cheese/Drink \$4.00
___ Mince N Cheese or Butter Chicken Wrap/Drink \$4.00

Child _____

___ Sausage Roll/Muesli Bar/Drink \$4.00
___ Big Daddy Sausage Roll/Drink \$4.00
___ Milk Drink - extra \$1.00

Room _____

___ Mince Pie or Mince N Cheese/Drink \$4.00
___ Mince N Cheese or Butter Chicken Wrap/Drink \$4.00

Child _____

___ Sausage Roll/Muesli Bar/Drink \$4.00
___ Big Daddy Sausage Roll/Drink \$4.00
___ Milk Drink - extra \$1.00

Room _____

___ Mince Pie or Mince N Cheese/Drink \$4.00
___ Mince N Cheese or Butter Chicken Wrap/Drink \$4.00

Child _____

___ Sausage Roll/Muesli Bar/Drink \$4.00
___ Big Daddy Sausage Roll/Drink \$4.00
___ Milk Drink - extra \$1.00

Room _____

___ Mince Pie or Mince N Cheese/Drink \$4.00
___ Mince N Cheese or Butter Chicken Wrap/Drink \$4.00

Child _____

___ Sausage Roll/Muesli Bar/Drink \$4.00
___ Big Daddy Sausage Roll/Drink \$4.00
___ Milk Drink - extra \$1.00

Room _____

___ Mince Pie or Mince N Cheese/Drink \$4.00
___ Mince N Cheese or Butter Chicken Wrap/Drink \$4.00

TERM ORDER - Total Amount Owing For Term 2 - 9 Wks Maximum Available

Items @ \$4.00 x _____ weeks =

Items @ \$5.00 x _____ weeks =

In the case of a child's absence from school and instructions to the contrary, we are unable to guarantee a refund or provide a lunch on a subsequent week.

Enthusiasm



What is Enthusiasm?

Enthusiasm is being inspired – full of spirit. It is being cheerful and happy. It is doing something wholeheartedly, with zeal and eagerness – giving 100% to what you do. Being enthusiastic is being excited about something, looking forward to it. It comes from having a positive attitude.

Why Practice It?

Everything becomes boring to a person without enthusiasm. A person without enthusiasm becomes boring, too. Enthusiasm is catching. When you are enthusiastic, other people like to be around you. Enthusiasm makes life more enjoyable.



How Do You Practice It?

Enthusiasm is a positive attitude. When you enjoy whatever you are doing, even the dulllest job can be fun. Use your imagination to find ways to enjoy what you are doing. Take time for simple pleasures and enjoy the wonders of life. Show enthusiasm to others by celebrating with them when something wonderful happens. Your enthusiasm shines through your smile.

The Virtues Project



What would Enthusiasm look like if...

- You particularly like a dish your mother or father cooks?
- You like a new song a friend played for you?
- Your brother did well in a sport?
- You are bored and tired of sitting around at home?
- You look outside one night and see the stars?
- You have a big chore to do for your family?

Signs of Success

Congratulations! You are practicing Enthusiasm when you...

- Let yourself enjoy looking forward to something
- Think of imaginative ways to get things done
- Do things wholeheartedly
- Smile, laugh and enjoy what you do
- Enjoy the wonders of life
- Are full of positive spirit

Affirmation

*I am full of enthusiasm. I look on the bright side.
I give 100% to whatever I do. I use my imagination.
I am open to the wonders in store for me today.*

Activities with Enthusiasm



Activities with Enthusiasm

- Do a game such as musical chairs, once without enthusiasm, once with. Then talk about how it felt different each time.
- Take a simple object, like an apple or a chair and describe it twice: First, as if it is the most boring thing in the world and second, as if it is the most delightful, wonderful thing.



Virtues Reflection Questions

- How do people without enthusiasm look, sound, act? (Their faces, their movements, their voices)
- What do enthusiastic people look like?
- What activity do you do with enthusiasm?
- What are you enthusiastic about for the future?
- What kinds of work or careers require enthusiasm?
- What difference can enthusiasm make if you have a boring job to do?
- What helps you get back to enthusiasm when you are bored or sad?



Drawing Enthusiasm

Draw something you are really looking forward to doing when you are older. Draw a picture of a bored, boring person and a cheerful, enthusiastic person.



Poster Points

- Wow!
- That's great!
- Full of spirit.
- Simple Pleasures.
- What a great day!
- Life is fun.



Quotable Quotes

"Enthusiasm, n. 1.a. Rapturous interest or excitement. b. Ardent fondness. 2. Something that inspires a lively interest. [Greek enthousiazein, to be inspired by God]."
The American Heritage Dictionary

"When an optimist gets the worst of it, he makes the best of it." Anonymous

"Life is fun." Benjamin Hoff

"To be successful, the first thing to do is fall in love with your work." Sister Mary Lauretta

"It don't mean a thing if it ain't got that swing." Duke Ellington and Irving Mills

"Man is just about as happy as he makes up his mind to be." Abraham Lincoln

"All that we need to make us really happy is something to be enthusiastic about."
Charles Kingsley